

Event endorsed by



In Scientific Collaboration with



INDIA HEART SYMPOSIUM

2026 7th EDITION

BLOCK
• THE **DATE**



Sat, 6th June 2026



**The Leela Bhartiya
Bengaluru**



14:00 – 20:30 IST

Faculty



Prof. Bryan Williams
United Kingdom



Dr. Steve Nissen
United States of America



Prof. Neil Poulter
United Kingdom



Prof. Giuseppe Rosano
United Kingdom



Prof. Mark Petrie
United Kingdom

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AGENDA

Cardio - Metabolic Continuum: From Risk to Outcomes

14:00 - 14:05	The Future of Cardiology: Integrating Risk, Disease & Outcomes	Prof. Bryan Williams
Track 1: Hypertension Chairperson: Prof. Bryan Williams + <Indian Chair>		
14:05 - 14:30	Talk 1: Redefining Hypertension in 2026 - What has Changed as per Recent Evidence & in Recent Guidelines? Case Discussion with Polling	Prof. Bryan Williams
14:30 - 14:55	Talk 2: Personalizing Hypertension Care - Do All Patients Need the Same Approach? (Young, Nocturnal, Isolated Systolic, Stage II Hypertension) Case Discussion with Polling	Prof. Neil Poulter
14:55 - 15:10	Panel Discussion	• Indian Chair • Prof. Bryan Williams • Prof. Neil Poulter • Indian Panelists (2)
Indian Clinical Cases: Hypertension in Clinical Practice		
15:10 - 15:24	Case Presentation 1: The Hypertension - Kidney Conundrum: Are Standard BP Control Strategies Enough in CKD?	Indian Case Presenter 1
15:24 - 15:34	Case Presentation 2: The Rise of Low dose Dual and Triple Therapy in Hypertension Panel Discussion	Indian Case Presenter 2 • Indian Chair • Prof. Bryan Williams • Prof. Neil Poulter • Case Presenters • Indian Panelists (2)
Track 2: Heart Failure & Clinical Outcomes Chairperson: Prof. Giuseppe Rosano + <Indian Chair>		
15:35 - 16:00	Talk 3: What's Hot and What's Practical in HFrEF Management Today? Case Discussion with Polling	Prof. Mark Petrie
16:00 - 16:25	Talk 4: A Titration Guide to Heart Failure Medications: All at Once or Personalize? Case Discussion with Polling	Prof. Giuseppe Rosano
16:25 - 16:40	Panel Discussion	• Indian Chair • Prof. Giuseppe Rosano • Prof. Mark Petrie • Indian Panelists (2)
Indian Clinical Cases: Heart Failure in Clinical Practice		
16:40 - 16:54	Case Presentation 3: Evidence Vs. Experience: How Do We Treat HFrEF in the Frail? Case Presentation 4: Thyroid Dysfunction in HFrEF: Do We Manage Differently?	Indian Case Presenter 3 Indian Case Presenter 4
16:55 - 17:05	Panel Discussion	• Indian Chair • Prof. Giuseppe Rosano • Prof. Mark Petrie • Case Presenters • Indian Panelists (2)
17:05 - 17:15	Tea Break	

AGENDA

Cardio - Metabolic Continuum: From Risk to Outcomes

Track 3: Integrated Cardiology Practice - India Perspective | Chairpersons: Prof. Bryan Williams + <Indian Chair>

17:15 - 17:40	Talk 5: Stage I Hypertension (>130/80 Mm Hg): Is the Evidence Strong Enough to start Pharmacotherapy? Case Discussion with Polling	Prof. Neil Poulter
17:40 - 17:05	Talk 6: Metabolic Syndrome & Hypertension: Do We Need A Different Approach? Translating Guidelines into Clinical Practice Case Discussion with Polling	Prof. Bryan Williams
18:05 - 18:20	Panel Discussion	• Indian Chair • Prof. Bryan Williams • Prof. Neil Poulter • Indian Panelists (2)
18:20 - 18:40	Special Session: AI in Cardiology Q&A	TBC

Track 4: Obesity & Cardiometabolic Disease | Chairpersons: Prof. Mark Petrie (TBC) + <Indian Chair>

Part A: Understanding the Disease

18:40 - 19:00	Talk 7: Successes in GLP - 1RA Outcome Trials	Prof. Mark Petrie
19:00 - 19:05	Q&A	• Prof. Mark Petrie • Indian Chair • Indian Panelists (2)
19:05 - 19:25	Talk 8: Can GLP1 RA be Regularly Used in Cardiology Practice: The Barriers in Decision Making	Prof. Giuseppe Rosano
19:25 - 19:30	Q&A	• Prof. Mark Petrie • Prof. Giuseppe Rosano • Indian Chair • Indian Panelists (2)

Part B: Management & Clinical Practice

19:30 - 19:50	Talk 9: Practical Issues Around GLP -1RAs - How to Optimise Adherence	Prof. Mark Petrie
19:50 - 20:10	Panel Discussion: Integrating Obesity Management into Cardiology Practice	• Indian Chair (Moderator) • Prof. Mark Petrie • Prof. Giuseppe Rosano • Indian Panelists (2)

Satellite Session

20:10 - 20:30	Update on Obesity and Cardiovascular Disease: New Clinical Trials	Dr. Steve Nissen
20:30 - 20:40	Panel Discussion	• Indian Chair • Indian Panelists (2)

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